

## Sport Captains

On Wednesday this week myself, Mrs Lane, Mrs Hyland (governor) and our current Student Captains, Lee and Peggy interviewed a very strong and impressive group of students, all of whom are totally committed to a range of sports and many of them are already moving into the elite sporting territory which is a true reflection of the calibre of applicants we were faced with.

Prior to the interviews, students had to write to the governors and senior leadership team about why they wanted to be considered for the role. These students' cv's were highly impressive and genuinely reflected their dedication to promoting sport across the school and within the wider community.

All students took part in a formal interview and tackled difficult leadership questions with vigour. Competition for these roles was stronger than ever this year and we were so impressed with everyone. Sadly we could only appoint two students into these roles but I am delighted to announce the following;

**Female Sports Captain (2018/19) Zoe Davies**

**Male Sports Captain (2018/19) Adam Chamberlain**

Congratulations to both of these fine young citizens, we look forward to them developing into this role with the support of the PE department. To those that were unsuccessful, like I said in my office yesterday a) hope you realise how impressive at interview you all were and b) this is not the end of the story. Well done for putting yourself out there, we are very proud of you all.



## Interact President

I am delighted to introduce you to our new Interact President at THS. Louie Bond has been actively involved in the Interact club at THS for a number of years and has made significant contributions to the various projects that THS has led on. On Wednesday Louie was interviewed by myself, Mrs Castley, as well as Beth (current Interact president) and Ivan Godfrey (Rotary Club of Tiverton).

Louie is very passionate about making a positive difference to other peoples' lives and I am confident that he will continue to build upon the successes that we have achieved over the past few years.

Massive congratulations to all 3 of you, I look forward to seeing you grow and develop in these roles over the next year.

Mrs Crook

## British Science Week

**"Be curious and try to make sense of what you see" – Stephen Hawking (1942-2018).**

This week science is being celebrated and investigated across the country in schools, museums and exhibitions. This year British Science Week is all about discovery and exploration, getting involved and thinking "What if?"

On Wednesday the science department invited students from Heathcoat Primary to complete a day of discovery and exploration in the classrooms.

*We themed the activities around historical science – the year 6 pupils made coprolites (that's fossilised poo!), planted fields of cress to hide their Bronze Age huts and safely extracted a woolly mammoth from its icy tomb! The pupils enjoyed getting stuck in and also had the opportunity to tour the school and ask questions about high school life.*

Science is not just about the 3 separate sciences taught at school, it's looking beyond this and here at Tiverton High School we work hard at promoting curiosity. If you challenge and question what you see, the possibilities are endless!

Briony Copsey, Teacher of Science



## YEAR 10 PARENTS' EVENING

– Tuesday 20<sup>th</sup> March 4pm-7pm

**Petroc, Bridgwater & Taunton, Exeter, Bicton and Richard Huish colleges will be attending.**

## YEAR 8 OPTIONS EVENING

– Tuesday 27<sup>th</sup> March 6pm-8pm

## Macbeth

On Monday 12<sup>th</sup> March, years 10 and 11 were treated to a performance of Macbeth to help gain a further understanding of the play. The play was well produced as it was a fusion between Shakespeare's iconic scripts and a modern day twist. Seeing the characters come to life and being able to visually see the story helped students to recap and remember one of their GCSE texts.



Alizee Perret

## YEAR 11 EXAM PREPARATION REVISION

The Year 11 exam preparation attendance for the period 9<sup>th</sup> to 15<sup>th</sup> March inclusive is as follows:

**164** students have attended at least one session this week which is **73%** of the Year 11 cohort.

The percentage of spotlight students attending one or more sessions is **68%**.

### Highest attending students

Poppy Butt	7 sessions
Hayley Barnett	6 sessions
Sophie Bartels	6 sessions
Beth Padfield	6 sessions
Michael Bailey	5 sessions
Molly Guy	5 sessions
Mathew Henson	5 sessions
Peggy Hookins	5 sessions
Colben Newsome	5 sessions
Izzy Newsome	5 sessions
Jessica Pester	5 sessions
Finn Stoneman	5 sessions
Lauren Verral	5 sessions
Demi Williams	5 sessions

Well done everyone – keep it up!

**REMEMBER ..... High awareness + high action = exam success**

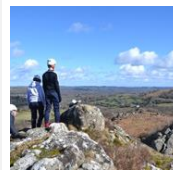
## Adventure Days

Over the summer holidays Outdoor Education at Tiverton High School will be offering "Adventure Days" where we will explore various locations around Devon and further afield by canoe, kayak, foot, climbing rope or mountain bike. We are offering a few taster sessions over the **Easter** holiday. If you would like more information please contact Mr Biles at [lbiles@tiverton.devon.sch.uk](mailto:lbiles@tiverton.devon.sch.uk) – letters will be available from the OE stores on Friday 16<sup>th</sup> lunch break. Places are limited so book early!



**Canoeing on  
The Grand Western Canal  
5th April All Day  
£15**

**Parent & Student Paddle on  
The Grand Western Canal  
6th April 1800 - 2030  
£7**



**Scrambling on Dartmoor  
12th April All Day  
£15**

## Have you ever fancied learning to sing or play the drums?

If so, why not sign up to receive tuition here at THS. We currently have vacancies for singing and drum students. For further information and to apply, please visit <https://tinyurl.com/ybx53916> or contact Miss Laura Clarke on ext 279.

## NHS Work Experience

Congratulations to year 10 students Olivia Humphries & Lauren King who have been accepted to attend the NHS Work Observation Week commencing Monday 2<sup>nd</sup> July – Friday 6<sup>th</sup> July 2018. Also, congratulations to Heather Joyce who made the reserve list.

## Next Steps South West

On Friday 9<sup>th</sup> March some NSSW students took part in a Media Make-Up Taster Day at Bridgewater and Taunton College. They watched a demonstration of

the kind of special effects make-up used in film and television, had a tour of the college and had a try at special effect make-up themselves!



## ClassCharts

Well done to the students below on receiving the highest amount of positive ClassChart points during the period 5<sup>th</sup> to 9<sup>th</sup> March.

	MALE		FEMALE	
Y7	Morgan Didlick (BaLGW/KS)	6	Sophie Mullins (CuCFB/HG)	10
Y8	Tom Hunt (OtR XR/TS)	7	Jasmine Burton (BaTMM/TF)	6
Y9	Jayden Farley (LoJAG)	8	Chloe Naismith (ExMEP/LC)	10
Y10	Ieuan White (LoJZM)	6	Libby Syers (ExJCD/NJ)	11
Y11	Patrick Wallace (BaVJC)	11	Savannah Forward (ExPFG)	8

## KENYA 2019 FUNDRAISER

### Year 7 Disco

Friday 23<sup>rd</sup> March 7pm-9pm

In the School Hall

Tickets £3 (available from the Accounts Office)

Bring some money for refreshments

Parents to collect students at the end of the evening from the school car park



Don't forget to check out this week's THN

[https://www.youtube.com/watch?v=CFQG\\_Gi\\_Frok&feature=youtube](https://www.youtube.com/watch?v=CFQG_Gi_Frok&feature=youtube)

## SAM learning is a great way for all students to:

- Practice skills and revisit learning independently that they need extra support with outside the classroom
- Keep fresh previous learning from last week, last month and last year
- Challenge themselves, to find out more and to learn outside the classroom



If parents and carers want to find out more, watch this short video about the benefits for your child:

<https://www.youtube.com/watch?v=z3p5RfvDW7g>

Here are the top 10 students who have used SAM learning out of school hours for the last week. Class charts to each student and 3 to the number one boy and girl!

BOYS		Year	Hours	GIRLS		Year	Hours
Harry Pratt		11	15:00	Jasmine Partridge		11	34:05
Josh Turner-Strange		11	11:10	Michaela Mihalisinova		11	16:20
Anthony Mauger		11	10:55	Katie Taylor		11	13:20
Daniel Angell		11	07:40	Tyler Pike		11	12:30
Connor Broom		11	05:10	Candace Hill		8	10:28
Jayadev Korasseril Soj		7	04:55	Courtney Saunders		8	10:18
Dominik Stankiewicz		7	04:54	Jessica Rowland		11	08:15
Cory Woodberry		8	04:10	Mabel Li		8	08:12
Liam Saunders		11	03:50	Chloe Gulliver		11	07:40
Sam Schmidt		7	03:45	Julia Skrzypon		10	07:20



As part of Autism Awareness Week, you are warmly invited to a Coffee Morning.

When: Tuesday 27<sup>th</sup> March 10 – 11:30

Where: The Meetings Room, THS

(please sign in at Reception)

In order to know numbers, if you would like to attend, please advise Jen Shute by email [jshute@tiverton.devon.sch.uk](mailto:jshute@tiverton.devon.sch.uk) or by telephoning 01884 256655 ext 251



Ex-THS student Ryan Perry together with Nicky White, who play for Tiverton Titans Basketball Team, are completing a 24-hour basketball challenge in the school sports hall this weekend 17<sup>th</sup>-18<sup>th</sup> March, from 2pm Saturday until 2pm Sunday with a target of 3000 baskets.

They are promoting and raising money for Mind, the mental health charity. There are two open training sessions within that time, 2-4 pm on Saturday and 12-2 pm on Sunday where anyone interested in basketball can come along, train with the team and shoot some baskets towards the total.

## Top Tips for Year 11: This week, “6 ways to reduce stress” and “9 common sleep mistakes”

### 6 Ways to Reduce Stress

by @inner\_drive | [www.innerdrive.co.uk](http://www.innerdrive.co.uk)

- 1 Remove uncertainty**  
How is this similar to what you have done before?
- 2 Be proactive**  
What can you do to improve the situation?
- 3 Reframing**  
View the task as an opportunity not a threat.
- 4 Best case scenario**  
Focus on what you stand to gain, not what you stand to lose.
- 5 Get a good night's sleep**  
It's the way the brain works, everything seems worse when you are really tired.
- 6 Talk to someone**  
Don't struggle in silence.



### 9 Common Sleep Mistakes

by @inner\_drive | [www.innerdrive.co.uk](http://www.innerdrive.co.uk)

- 1** Watching TV right up until bedtime
- 2** Long naps in the day
- 3** Killing time online
- 4** Different bedtimes each night
- 5** Drinking tea, coffee, cola or energy drinks late at night
- 6** Waiting to fall asleep before going to bed
- 7** Being on your phone in bed
- 8** Staying in bed when unable to sleep
- 9** Overthinking tomorrow

# EASTER FAIR

**SATURDAY 31ST MARCH 2018**  
10AM - 1PM  
AT TIVERTON BAPTIST CHURCH HALL

## HUGE EASTER EGG HUNT

ENTRY £1.50 PER CHILD INC GUARANTEED EASTER EGG...ALL YOU HAVE TO DO IS HUNT!

**LOTS OF FUN STALLS, BRICK A BRAC, CAKES, BOUNCY CASTLE DONATED BY MAD MIKE, CHOCOLATE FOUNTAIN, SUNDAY ROAST BOX RAFFLE, COLOURING COMPETITION**

FAIR IN AID OF THE THIS 2019 TRIP TO KENYA



## WILLAND TENNIS CLUB

### TENNIS CAMP & CLUB SESSIONS


**EASTER CAMP**  
9TH AND 10TH APRIL  
TOTS: 9AM TO 9.45AM  
TOTS: (3 - 5) £5 per session  
MINI: 10AM TO 12PM  
MINI: (6 - 10) £10 per session

**CLUB LESSONS**  
STARTS 17TH APRIL, Tuesdays  
TOTS – Ages: 3 - 5  
4.30pm – 5pm  
MINI RED – Ages: 6 - 8  
5.00 – 5.45pm  
ORANGE/GREEN – Ages: 8 - 10  
5.45 – 6.30pm  
YOUNG JUNIOR – Ages: 10 - 12  
6.30 – 7.15pm  
JUNIOR SQUAD – Ages: 12 - 18  
7.15 – 8.00pm

Please go to [willandtennisclub.co.uk](http://willandtennisclub.co.uk) to download the club coaching application form and to find out further information on club membership

Address:  
WILLAND TENNIS CLUB  
GABLES ROAD  
WILLAND  
EX15 2PL

4 Court Club  
Floodlights  
Club house



### Application form for Easter Camp

I would like to book a place for my child .....  
to take part in the TOTS / MINI (PLEASE CIRCLE) Easter camp,  
attending on the following days 9th/10th (PLEASE CIRCLE) and  
enclose a cheque payable to NIGEL LITTLE. (bank transfer available  
please email: [nigel@tennisattitude.co.uk](mailto:nigel@tennisattitude.co.uk))

Please send cheque to the following address: Nigel Little, Chorlands Farm,  
Cullompton, Devon, EX15 1NA. Tel: 07951 140974

In case of an emergency please contact .....

Tel ..... Email .....