

## Year 7 Learning Journey 2024-2025

Week	Date		Topic- Please plan for pause/ RAP lessons	Assessment
			<b>Practical</b>	
1 (Thurs)	5.09.24		<b>Year 7 Setting Lessons</b>	
2	9.09.24			
3	16.09.24			
4	23.09.24			
5	30.09.24			
6	7.10.24		<b>Sport 1</b>	AO4 – Practical Assessment
7	14.10.24			
8	21.10.24			
<b>Half term</b>				
9	4.11.24		<b>Sport 1</b>	
10	11.11.24			
11	18.11.24		<b>Sport 2</b>	AO4 – Practical Assessment
12	25.11.24			
13	2.12.24			
14	9.12.24			
15	16.12.24		<b>Inter Tutor Activity</b>	
<b>CHRISTMAS</b>				
16	6.01.25		<b>Sport 3</b>	AO4 – Practical Assessment
17	13.01.25			
18	20.01.25			
19	27.01.25		<b>Sport 4</b>	
20	3.01.25			
21	10.02.25			
<b>Half term</b>				
22	24.02.25		<b>Sport 4</b>	AO4 – Practical Assessment
23	3.03.25			

				<b>Tennis Badminton Basketball Netball</b>	AO4 – Practical Assessment	
24	10.03.25		<b>Sport 5</b>	<b>Rotation of Football Cricket Rugby Tennis Badminton Basketball Netball</b>		
25	17.03.25					
26	24.03.25					
27	31.03.25					
<b>EASTER</b>						
28(BH)	21.04.25		<b>Sport 6</b>	<b>Rotation of Cricket/Rounders Tennis Athletics</b>	<b>Exam Prep  Annual Exam AO4 – Practical Assessment RAP</b>	
29	28.04.25					
30(BH)	06.05.25					
31	12.05.25					
32	19.05.25		<b>Sport 7</b>	<b>Rotation of Cricket/Rounders Tennis Athletics</b>		
<b>Half term</b>						
33	2.06.25		<b>Sport 7</b>	<b>Rotation of Cricket/Rounders Tennis Athletics</b>	AO4 – Practical Assessment	
34	9.06.25					
35	16.06.25		<b>Sport 8</b>	<b>Rotation of Cricket/Rounders Tennis Athletics</b>	AO4 – Practical Assessment	
36	23.06.25					
37	30.07.25					
38	7.07.25					
39	14.07.25		Activities week			

<b>Name:</b>		<b>Autumn</b>	<b>Spring</b>	<b>Summer</b>
<b>Subject Target</b>		<b>Flightpath</b>		
<b>Annual Exam Grade:</b>		<b>BFL</b>		

<u>Key Constructs -</u>	<u>Key Constructs -</u>	<u>Key Constructs -</u>
-------------------------	-------------------------	-------------------------

<b>Date</b>	<b>Assessment</b>	<b>Flight Path Grade</b>	<b>Action (s) to make progress</b>
<b>Aut 1</b>	<b>Sport 1</b>		
<b>Aut 2</b>	<b>Sport 2</b>		
<b>Aut 2</b>	<b>Sport 3</b>		
<b>Aut 2</b>	<b>Theory – Components of fitness</b>		
<b>Spr 1</b>	<b>Sport 4</b>		
<b>Spr 1</b>	<b>Sport 5</b>		
<b>Spr 2</b>	<b>Sport 6</b>		
<b>Spr 2</b>	<b>Theory – Benefits of exercise on Physical Health</b>		
<b>Sum 1</b>	<b>Sport 7</b>		
<b>Sum 1</b>	<b>Annual Exam</b>		
<b>Sum 2</b>	<b>Sport 8</b>		