

Year 9 Core Learning Journey 2020-2021

Week	Date	Key Construct AO1, AO2, AO3, AO4		Assessment
1	07.09.20	Badminton/Netball Rugby/Football Gymnastic/Basketball Fitness/Hockey	AO1 – Physical, emotional and social health and well – being reasons for participation.	AO4 Part 1 Skills /10
2	14.09.20			
3	21.09.20			
4	28.09.20		AO2 – Plan and demonstrate a full 4 part warm up.	AO4 Part 2 Full Context /15
5	05.10.20			
6	12.10.20			
7	19.10.20			
Half term				
8	02.11.20	Badminton/Netball Rugby/Football Gymnastic/Basketball Fitness/Hockey	AO3 – Analyse - Physical, emotional and social health, fitness and well-being – reasons for participation. How could these affect a persons' ability to participate in sport or physical activity?	AO4 Part 1 Skills /10
9	09.11.20			
10	16.11.20			
11	23.11.20		AO4 Part 2 Full Context /15	
12	30.11.20			
13	07.12.20			
14 ½ week	14.12.20			Interim Test /16
CHRISTMAS				
15	04.01.21	Badminton/Netball Rugby/Football Gymnastic/Basketball Fitness/Hockey	AO1 – Consequences of a Sedentary Lifestyle	AO4 Part 1 Skills /10
16	11.01.21			
17	18.01.21		AO2 – Apply – How can the consequences affect your ability to participate in sport or physical activity?	AO4 Part 2 Full Context /15
18	25.01.21			
19	01.02.21			
20	08.02.21			
Half term				
21	22.02.21	Badminton/Netball Rugby/Football Gymnastic/Basketball Fitness/Hockey	AO3 – Analyse – Justify why the consequences of a sedentary lifestyle can lead to non-participation in sport of physical activity	AO4 Part 1 Skills /10
22	01.03.21			
23	08.03.21			
24	15.03.21		AO4 Part 2 Full Context /15	
25	22.03.21			
26 ½ week	29.03.21			Interim Test /14
EASTER				
27	19.04.21	Cricket/Rounders Athletics	AO3 – Analyse and evaluate the factors that underpin... Reasons for Participation Sedentary Lifestyles Physical, Social and Emotional health and Well - being	AO4 Part 1 Skills /10
28	26.04.21			
29 (BH)	04.05.21			
30	10.05.21		AO4 Part 2 Full Context /15	
31	17.05.21			
32	24.05.21			
Half term				
33	07.06.21	Cricket/Rounders Athletics	AO4 – Explore other roles in sport Officiating Leading	AO4 Part 1 Skills /10