



Here are some short term targets to aim for...

Tiverton – Exeter (Sandy Park) = 24Km

Tiverton – Bristol (Ashton Gate) = 105Km

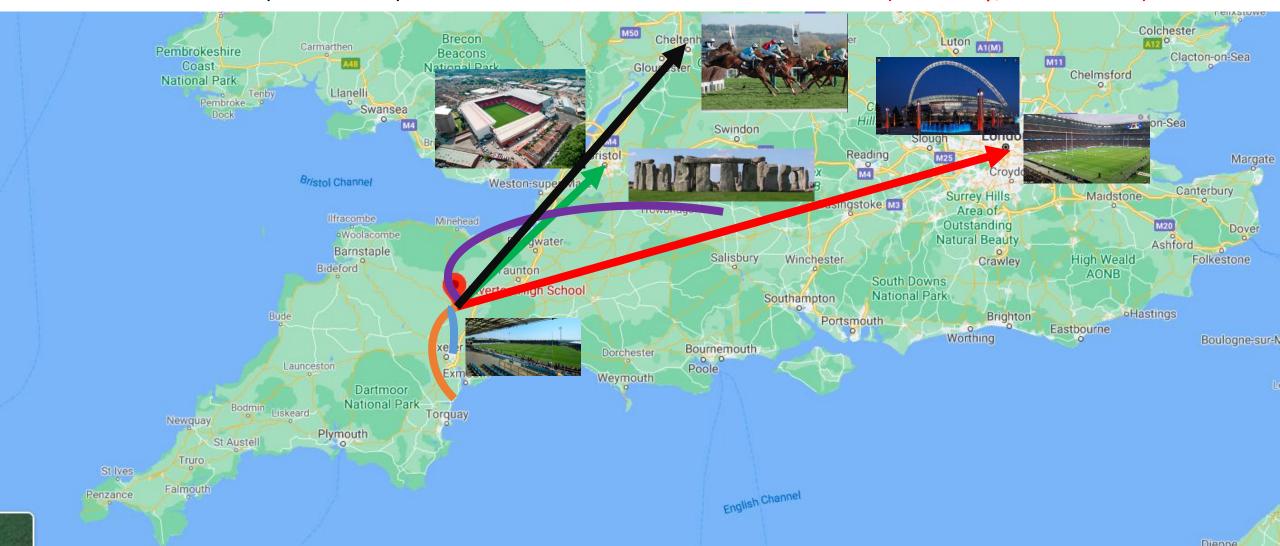
Tiverton – Cheltenham (Racecourse) = 176Km

Tiverton – Dawlish Warren = 53Km

Tiverton – Stonehenge = 145Km

Tiverton – London (Wembley/Twickenham) = 269Km

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Here are some bigger targets to aim for...

Tiverton – Dublin (Aviva Stadium) = 337Km

Tiverton – Paris (Roland Garros) = 486Km

Tiverton – Amsterdam (Johann Cruijff Arena = 626Km

Tiverton – Barcelona (Camp Nou) = 1134Km



Each week we will track each classes progress and see where in the world you have exercised to.

Acceptable forms of exercise:-

- Running
- Walking (including dog walking)
- Cycling
- Skating/Scooting
- Swimming
- Indoor physical exercise

We will have a winning class in each Year group and also an overall winner.

Can anybody make it to the Olympic Stadium that will be used later this year? 10 bonus Kms to any class that can name the stadium, city and country!



Be sure to send in your weekly exercise summary to your PE teacher every lesson!

