

FEELINGS UNO

INSTRUCTIONS

FEELINGS UNO is played using a regular deck of UNO® cards and standard playing rules.

When a player discards on their turn they must identify a scenario in which a person might feel the identified feeling based on the card color.

Example: When a player discards a yellow card, they must identify a scenario in which a person might feel happy. Such as, “Someone might feel happy when they are playing with their friends at recess.”

Example: When a player discards a red card, they must identify a scenario in which a person might feel angry. Such as, “Someone might feel angry when their sibling calls them a mean name.”

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FEELINGS UNO

RED.....ANGRY

GREEN....LONELY

YELLOW...HAPPY

BLUE.....SAD

WILD.....SCARED

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